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Presentation Suggestions ~

Learn Valuable Lessons in an Edu-taining Way!

Presentations are always tailored to meet your specific needs, and here are a few suggestions...

DRIVE YOURSELF HAPPY: The Power of Balancing the Wheel of Life

Work-Life Balance that will point you in the direction of greater creativity, collaboration, productivity and meaning.

* Choice, Accountability, and Responsibility are three essential keys to creating a life of sustainable happiness. Rhonda shares simple strategies for accessing your joy, creating work-life balance, and transforming your life into a 'joy ride'.

Making Friends with Change: How to Maneuver Life's Detours from 'Womb to Tomb'

Learning to respond, rather than react, when 'shift' happens.

* Every stage and phase of life comes with its share of unexpected or unwanted twists and turns, but resistance only makes it worse. Rhonda points out some of the common detours of life, and ways to get back 'on the road' to happiness.



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Running on Empty: The Importance of Women's Empowerment in an Ever-Changing World

Managing stress, facilitating change, and creating sustainable happiness with a woman's touch.

* Women are amazing multi-taskers, but over-extending and becoming burned-out brings many a good woman down. Rhonda shares about the role of women, the value of shared leadership, and the importance of self-care.

What About the 'Big Stuff?': The Journey from Surviving to Thriving Is Only Sixteen Inches

Traveling from your head to your heart to find joy in the cracks of life when facing illness and any other challenge in your life.

* We can manage to maneuver the 'little stuff' in life, but, what about the 'big stuff'? Rhonda offers personal experiences and profound evidence that happiness is possible, even amidst the 'big stuff'.

365 Days with a 2 Year-Old Bald Headed Buddha

Finding happiness even amidst a young boy's journey with leukemia.

* If happiness is possible in circumstances like these, with Connor's help and the lessons learned, Rhonda shares how happiness is possible anywhere.